



# SCHOOL & CAREER COUNSELING OFFICE

The University City High School Counseling Office provides a comprehensive school counseling program offering support in academics, college and career placement, financial aid, college counseling and well-being counseling through individualized planning and responsive services. The office has an open-door policy for students. Students have multiple spaces in the office where they can work on applications, resumes or other necessary projects with professional support from the counseling team, a social worker and a Lutheran Family Services therapist. Students are encouraged to visit starting freshman year to learn and utilize the services and opportunities that are available to them throughout their high school journey.

## ACADEMIC COUNSELING SERVICES

- Individual academic planning and advisement
- Individual Career and Academic Plan development (ICAP)
- Assistance with course selection and scheduling

## TWO AND FOUR-YEAR COLLEGE COUNSELING SERVICES

- One-on-one college placement and application advising with Washington University in St. Louis college advisors
- ACT preparation and testing on site and paid for by the school
- Financial aid counseling and FAFSA coaching for students and families; regular FAFSA Frenzy nights
- College essay coaching in collaboration with the English Language Arts teachers
- Annual free UCHS College and Career Fair featuring more than 50 colleges and employers
- Office visits from more than 50 college and career admission representatives each school year
- Annual free UCHS group visits to colleges and universities such as Harris-Stowe University, Southeast Missouri State University, University of Missouri – Columbia, University of Missouri – St. Louis, Washington University in St. Louis and Webster University
- Missouri A+ designated school that supports students through community service opportunities and provides qualified graduates with scholarship resources to public Missouri colleges and universities

## CAREER COUNSELING SERVICES

- WorkKeys certification program to place students in professional trade training and positions both in and after high school
- Project Lead the Way course opportunities in engineering and biomedical science
- Interview coaching
- Access to paid summer internships through NAF
- EMT certification program with University City Fire Department

## EARLY COLLEGE CREDIT PROGRAMS AND COUNSELING

- Early College Experience in partnership with St. Louis Community College to simultaneously earn an associate's degree and a high school diploma upon graduation
- Dual enrollment to take college-level courses offered through University of Missouri – St. Louis, Harris-Stowe University, St. Louis Community Colleges and Saint Louis University

## VOLUNTEER SUPPORT

- U-Serve, a UCHS program that provides community service volunteer opportunities and tracking for A+ Program

## WELL-BEING SERVICES

- On campus individual therapy to address emotional and behavioral issues from Lutheran Family and Children's Services
- Wyman Wrap-Around Services for social emotional health and well-being

University City High School  
School & Career Counseling Office  
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[www.ucityschools.org/UCHS](http://www.ucityschools.org/UCHS)



# QUICK FACTS FROM UCHS SCHOOL & CAREER COUNSELING OFFICE

## BY THE NUMBERS

**\$2.7**

million in college and career scholarships reported annually by UCHS graduating seniors (*estimated average*)

**16**

UCHS graduates admitted to highly elite\* colleges and universities since 2017 from American University to West Point

**48**

UCHS graduates admitted in Historically Black Colleges and Universities\*\* since 2017

**16**

UCHS graduates admitted at University of Missouri-Columbia (MIZZOU) as freshmen for Fall 2019

**9**

Students currently working towards EMT certification through the University City Fire Department

**6**

Students participated in paid summer NAF internships at KPMG, MasterCard and WorldWide Technologies

**40**

Current students currently pursuing associates degree's through UCHS' Early College Experience program while in high school. First cohort group expected to graduate with both degrees in May 2020.

## COLLEGES AND UNIVERSITIES

### ADMITTING UCHS GRADUATES SINCE 2017

#### Public Colleges/Universities In Missouri

Jefferson College • Missouri State University (Springfield) • Missouri Western State University (St. Joseph) • Northwest Missouri State University (Maryville) • Ranken Technical College • St. Louis Community Colleges • Southeast Missouri State University (Cape Girardeau) • Truman State University (Kirksville) • University of Central Missouri (Warrensburg) • University of Missouri-Columbia • University of Missouri-Kansas City • Missouri University of Science & Technology (Rolla) • University of Missouri-St. Louis

#### \*Private and Out-of-State Colleges and Universities

American University • Applied Technologies/Met Center • Bates College • Boston College • Columbia College (Chicago) • Davidson College • Fontbonne University • Garden City CC • Hannibal LaGrange • Hickey College • Jefferson CC • Knox College • Lawrence University • Lindenwood University • Loyola University-Chicago • Macalester College • McKendree University • Millikin University • Missouri Baptist University • Olive Harvey-City Colleges (Chicago) • Pitzer College • Rhodes College • Rockhurst University • St. Louis University • Texas Southern University • United States Air Force Academy • United States Military Academy at West Point • University of Alabama-Huntsville • University of Alabama • University of Arkansas • University of Denver • University of Kansas • University of Memphis • University of Richmond • Vanderbilt University • Washington University in St. Louis • Webster University

#### \*\*Historically Black Colleges and Universities

Alabama A&M University • Harris-Stowe University • Jackson State University • Lincoln University • Morehouse College • Pilander Smith College • Tennessee State University • Xavier University-Louisiana

#### School Counseling Office Contacts

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