

Brittany Woods Fall 2019



Sports Guide

Athletes must have an 'Athletic Packet' filled out completely and turned in to be able to participate in practice or tryouts.

Game schedules/meets are not set yet. Once the practices start, your child will receive a practice/game schedule. Please try to plan appointments around them if possible.

Athletes must be at the practice before the game/meet to be eligible to participate, unless excused by the coach.

ATHLETES MUST BE PASSING ALL CLASSES TO BE ELIGIBLE TO PARTICIPATE IN GAMES/MEETS. Student-Athletes must also have 12 or less tardies per quarter. (See Rules)

Sports Offered Throughout the School Year at BW:

*If your son or daughter does not know how to swim the coaches will teach them. (No cost)

*Please choose one sport per season unless the days do not overlap.

BW FALL, WINTER, & SPRING SPORTS:

FALL

Softball

Boys Cross Country

Girls Cross Country

Boys Soccer

Girls Soccer

Girls Tennis

Girls Volleyball

Boys Swimming

Cheerleading (Parade)

Flag Football - 7 on 7 Boys/Girls

Girls/Boys Golf (The Golf Season has moved to the Fall)

WINTER

Boys Basketball

Girls Basketball

Cheerleading (Basketball)

Girls Swimming

Boys/Girls Wrestling

Archery (October)

SPRING

Baseball

Boys Track

Girls Track

Girls Field Hockey

Wrestling Meets

Boys Tennis

Fall Sports Start Dates & 'Practice Information 2019-20 School Year

*To be able to try out for Fall Sports, **students must have their Athletic Packet turned in before the FIRST tryout practice starts.** You should attend all of the tryout days. **Cheer & Volleyball will have their own cut off dates for the Athletic Packets to be turned in or it will be too late to try out.** (Basketball will also) Please see the dates below. Athletes should choose one sport to play, unless the other sport is on the off day. (Ex: Tu & Th) (Wed). (Talk with the coach ahead of time if your child is not able to attend all practices. Communication is important.)

BOYS SOCCER TRYOUTS - Thursday, Aug. 15 from 3-5 - Tryouts are Thursday & Tuesday (Aug. 15 & 20) – Wednesday, August 21 will be the first practice day from 3-4:15 - Normal practice days are Tuesday & Wednesdays from 3-4:15 - Soccer has 8 games at the Clayton fields, which are usually on Saturdays - Games are not set (Practice days may change)

GIRLS SOCCER TRYOUTS - Tuesday, Aug. 20 from 3-5 - Tryouts are Tuesday, Wednesday & Thursday (Aug. 20-22) Normal practice days are Tuesdays & Thursdays from 3-5 - Soccer has 8 games at Clayton, which are usually on Saturdays - Games are not set

GIRLS TENNIS - Tuesday, August 20 - Practice at Kaufman Park - Practice days will be Tuesday, Wednesday & Thursday from 3-5 - There will be 5-6 Tennis Tournaments on Saturday mornings at various schools (9 am to 1 pm - Must have your own transportation to the matches)
- Boys Tennis will be in the spring - Practice days could change with the new coach

BOYS SWIMMING - Wednesday, August 20 - Practice at U-City HS pool - Students ride bus #2 to the HS pool after school - Practice is on Tuesday, Wednesday & Thursday 3-5 - The boys should get a swimming bus pass from Ms. Weneker during school hours (if you wait until after school you may miss the bus) - No experience necessary, the coach will teach the boys to swim for free - There will be 2-5 swim meets at various schools - (Girls swimming will be in the winter)

GIRLS SOFTBALL - Thursday, September 6 from 3-5 - Practices will be Tuesdays & Thursdays from 3-5 - Games will be determined by the number of girls, skill level and other teams availability - All levels are welcome - If you have a bat or glove you can bring it, otherwise equipment will be provided

BW FLAG FOOTBALL (GIRLS & BOYS) TRYOUTS - Tuesday, August 27 from 3-5 - Tryouts will be Tuesday, Wednesday & Thursday (August 27, 28 & Aug. 29) - Practices will be Tuesdays & Wednesdays from 3-5 - The games are not set – (Practice days may vary)

BOYS & GIRLS GOLF - Tuesday, August 27 from 3-4:15 - The coach will teach you how to play There is no cost - The practices will be at Ruth Park - All levels are welcome – The season has moved to the fall

FRIDAY, AUGUST 30 IS THE LAST DAY FOR CHEERLEADERS TO TURN IN THEIR PAPER WORK TO BE ABLE TO TRY OUT FOR CHEER. PLEASE DO NOT WAIT UNTIL THE LAST MINUTE!

FRIDAY, SEPTEMBER 6 IS THE LAST DAY TO TURN IN THEIR PAPER WORK TO BE ABLE TO TRY OUT FOR VOLLEYBALL. PLEASE DO NOT WAIT UNTIL THE LAST MINUTE! NO EXECPTIONS!

FRIDAY, AUGUST 30 IS THE LAST DAY FOR CHEERLEADERS TO TURN IN THEIR PAPER WORK TO BE ABLE TO TRY OUT FOR CHEER. PLEASE DO NOT WAIT UNTIL THE LAST MINUTE! NO EXECPTIONS!

3 DAY CHEERLEADING TRYOUTS - Tuesday, Sept. 3 from 3-5 - Tryouts will be Tuesday, Wednesday, Thursday (Sept. 3, 4, 5) - After tryouts, practices will be on Wednesdays from 3-5 to prepare for the Homecoming Parade (Oct. 5) - After the parade, Cheerleaders will resume practices in January to cheer for the BW Basketball Teams - (The \$40.00 fee covers bows, face paint, food/snacks and various items) The same cheer team will do the parades & cheer for basketball

CROSS COUNTRY PRACTICE - (GIRLS & BOYS) (XC) - Wednesday, Sept. 4 from 3-4:15 - Practices are Tuesdays, Wednesdays, & Thursdays from 3-4:15 - There will be a 4:15 activity bus for transportation home as long as there are after school activities going on - The girls and boys run in separate races - There will be 3-5 meets (MSIL League) - 2 of them will be at Heman Park

FRIDAY, SEPTEMBER 6 IS THE LAST DAY TO TURN IN THEIR PAPER WORK TO BE ABLE TO TRY OUT FOR VOLLEYBALL. PLEASE DO NOT WAIT UNTIL THE LAST MINUTE! NO EXECPTIONS!

GIRLS VOLLEYBALL TRYOUTS - Tryout Start Date is Tuesday, Sept. 10 - Tryouts will be Tuesday, Wednesday & Thursday (September 10, 11 & 12) from 3-5 - Normal practice days will be Tuesdays, Wednesdays & Thursdays from 3-5 - Games will be on Tuesdays, Wednesdays or Thursdays with 7-8 games.

ARCHERY for BOYS & GIRLS - Will start in October (TBA) - More info to come - Practices will be on Saturdays from 8:30 to 11:30 am at U-City HS - We are in the process of hiring a new head coach - Archery will participate in competitions (Practice times may vary with the new coach)

THINGS TO KNOW BEFORE PLAYING SPORTS AT BRITTANY WOODS MIDDLE SCHOOL

1. Fall Sports are all open to grades 6, 7, & 8 (Some sports have try-outs and some sports welcome larger numbers.) **Fall sports include: Cross Country (Boys & Girls), Girls Tennis, Girls Volleyball, Flag Football (Boys & Girls), Soccer (Boys & Girls), Boys Swimming, Girls Softball, Golf - The season has moved to the fall (Boys & Girls), & Cheerleading. Archery (Boys & Girls) will start in October. (Underlined sports will have tryouts)**
2. **Before trying out or playing a sport at BW**, students must have completed sports packet, which includes an up to date physical, parent's signatures, along with the emergency contact information and proof of accidental/medical insurance information.
3. **If your child's physical is due in Sept., Oct. or Nov.** please know that physicals are only good for one calendar year. If their physical expires they will not be allowed to participate until they get a new physical. (If the physical is dated Feb. of the previous year (2019) or after, it will be good for the entire next school year.) The doctor will not be at BW to give physicals this year. See info about physicals at Registration & BTS Rally
4. **If you do not have accident/medical insurance for your child**, we have information on "**Kid Guard**" **Insurance**. It is \$15.00. The policy covers your child during school sponsored sports or activities. (It is accident coverage only while school is in session during regular school term and during school sponsored activities) Please see Ms. Wenneker or your coach.
5. **Student athletes** – When dismissed should get their items out of their hallway lockers and then go to the gym to get dressed for practice. Athletes will **not** be able to go back to their hallway lockers after practice, although they will be able to go to their locker, inside the locker rooms. **PLEASE GET A LOCK FOR THE LOCKER ROOM so your clothes and valuables can be locked during practice, games, and during PE Class.** A lock will be provided if your child would like to borrow one from the PE Department. The lock is expected to be returned at the end of the year and if a lock is lost it will cost \$5.00.
6. **Cost to play sports:** There are no up-front fees to play sports at BW, except for Cheerleading. The sports that play games or have meets, a uniform will be checked out to your son/daughter. (Swimmers will be responsible for getting their own suits) Uniforms should be returned within one week of the last game/meet. Students will be charged for lost or damaged uniforms. (Spring Field Hockey usually purchases team t-shirts) Field Hockey, Soccer & Football Athletes need to purchase personal items that pertain to their sports such as shin guards, mouth guards, jockstrap and cup, socks or sports bra. Baseball/SB will purchase hats. Participants in field sports may choose to purchase cleats for that sport and running/jogging shoes for XC (Track).

7. **Tardies** - Athletes are allowed 12 tardies per quarter. On the 13th tardy, students will be suspended until they until they go 2 weeks tardy free. (4 will be allowed after they return) During the 2 weeks suspension they will not attend practice or games. If a student receives 2-3 tardies in one day, they will add up fast. Get to class on time.
8. **Practice clothing:** Jeans, boots, flips or house slippers are not acceptable for practice clothing. Students should wear clothing that is loose and easy to move in for practice. Shorts, sweats, t-shirts, and tennis shoes are suggested. The color of practice clothes does not matter. Dress appropriately for the weather. (Keep clothes school appropriate.) Plan ahead and bring practice clothes. Students will not be allowed to practice in flips and jeans. It will not count as an active practice day and may be sent home.
9. **Students should have separate clothes for PE Class. ALL ATHLETES ARE REQUIRED TO DRESS OUT & PARTICIPATE IN P.E. CLASS DAILY. Athletes should be the PE Class Leaders.**
10. **If you have any questions concerning sports at Brittany Woods Middle School** please e-mail Ms. Wenneker (BW Athletic Coordinator) at jwenneker@ucityschools.org (BW 314-290-4280) Dr. Brooks is the University City School District, Director of Athletics - dbrooks@ucityschools.org (HS phone 314-290-4116)
11. **Brittany Woods Middle School** * 8125 Groby Road, University City, MO 63130
* 314-290-4280
12. **Sports Leagues:**
 - a. Flag Football - MSIL League (5-8 games)
 - b. Girls & Boys Soccer is in the Clayton League (8 games)
 - c. Girls & Boys Cross Country - MSIL League (3-5 meets)
 - d. Girls Volleyball - MSIL League (7-8 games)
 - e. Girls Softball - MSIL League (5-8 Games) (Baseball will be in the spring)
 - f. Cheerleading - Walk in parades & cheer for the Basketball Teams (5-8 games)
 - g. Boys Swimming - MSIL League (3-4 meets)
 - h. Girls Tennis - MSIL League (6 tournaments)
 - i. Boys & Girls Archery - Good scores will allow students to move on in the competitions
 - j. Golf - Clinic/ BW Competitions

13. ISS & OSS Information:

- If a student receives an (ISS) “In School Suspension” during the season, he/she will not be allowed to go to one game/meet. The student will still be required to practice with the team, unless otherwise arranged with parents, administration and coaches.
- If a student receives an (OSS) “Out of School Suspension” as of the first official practice day, they will miss one game/meet. During the period of game/meets, if a student receives an OSS they will miss 2 games/meets.

SPECIFIC INFORMATION ON FALL SPORTS:

(Please choose ONE sport, unless the practice/game days do not conflict)

BOYS SWIMMING - Start date is Wednesday, August 21 – All paperwork must be turned in before practice - Students may take bus #2 over to the HS pool - Practice is on Tuesday, Wednesday & Thursday 3-5 - Get a swimming bus pass from Ms. Weneker during school hours (if you wait until after school you may miss the bus) No experience necessary, the coach will teach the boys to swim **Everyone needs to know how to swim to be able to save themselves.** There will be 2-5 swim meets at various schools during the week. (After school) The coach is Larry Edinger (05121@msn.com)

BOYS SOCCER - Tryouts are Thursday & Tuesday (Aug. 15, 20) from 3-5 - Normal practice days are Tuesdays & Wednesdays from 3-4:15 - You should have your paperwork turned in before the first tryout day and should attend all tryout days. There will be 8 games which are played on one of the Clayton Fields. Games are usually on Saturdays. For games, players and managers will meet the coaches at BW and will ride a bus to the games. Parents can sign their child out after the game and take their child home or students will ride the bus back to Brittany Woods and get a ride from there or walk home. **A Clayton League Parent permission form will need to be signed by each player’s parent/guardian before they can play in a game.** Students will need to bring practice clothes: t-shirt, shorts or sweats, and tennis shoes and /or rubber cleats and shin guards. (Cleats are not mandatory but help with traction.) Your child will be issued a soccer jersey and shorts. There is no cost unless your child loses or damages their uniform, except for your personal gear and socks. Keep an eye on when the weather changes and gets cool and be sure to dress in layers. Athletes may want to bring a water bottle. The Boys Head Coach is Dwight Carter (dwight@brainchildevents.com)

GIRLS SOCCER - Tryouts are Tuesday, Wednesday & Thursday (Aug. 20-22) Normal practice days are Tuesdays & Thursdays from 3-5 - You should have your paperwork turned in before the first tryout day and should attend all tryout days. There will be 8 games which are played on one of the Clayton Fields. Games are usually on Saturdays. For games, players and managers will meet the coaches at BW and will ride a bus to the games. Parents can sign their child out after the game and take their child home or students may ride the bus back to Brittany Woods and get a ride from there or walk home. **A Clayton League Parent permission form will need to be signed by each player's parent/guardian before they can play in a game.** Students will need to bring practice clothes: t-shirt, shorts or sweats, and tennis shoes and /or rubber cleats and shin guards. (Cleats are not mandatory but help with traction.) Your child will be issued a soccer jersey and shorts. There is no cost unless your child loses or damages their uniform, except for your personal gear and socks. Keep an eye on when the weather changes and gets cool and be sure to dress in layers. Athletes may want to bring a water bottle.

The Girls Head Coach is **Olivia Holzum** (jholzum@ucityschools.org)

GIRLS TENNIS - The Start date is Tuesday, Aug. 20 from 3-5 - Practice at Kaufman Park - Practice days will be Tuesday, Wednesday & Thursday from 3-5 (**The boys will play tennis in the spring.**) Athletes will walk with the Coach to the park for practice and then walk back to BW. (There are 6 Tournaments on Saturdays) The Head Coach is **to be announced**

GIRLS SOFTBALL - The start date is Thursday, August 22 from 3-5 - Practices will be Tuesdays & Thursdays from 3-5 - There will be 5-8 softball games - All levels are welcome. If you have a bat or glove you can bring it, otherwise equipment will be provided. Dress out in shorts or sweats, t-shirts and tennis shoes for practices & games. (Rubber cleats are suggested.) Socks will be purchased. The Head Coach is **John Bass** (jbass@ucityschools.org)

CO-ED GOLF - The start date is Tuesday, August 27 from 3-4:15 - Practice days will be Tuesday and Wednesday from 3-4:15 - The coach will teach you how to play - There is no cost - The practices will be at Ruth Park - All levels are welcome – Golf season has moved to the Fall only The Head Coach is **Laura Thompson-Small** (lthompsonsmall@ucityschools.org)

FLAG FOOTBALL - The games are not set yet. Tryouts will be Tuesday, Wednesday & Thursday (August 27, 28 & Aug. 29) - Practices will be Tuesdays & Wednesdays from 3-5 - You should have your paperwork turned in before the first tryout day and should attend all 3 days. There is no cost to play football at BW unless your child loses or damages the equipment assigned to him. Students will need to bring the following: mouth guard, practice shorts and t-shirt to wear under their jersey, rubber cleats are suggested, but tennis shoes are fine.

Head Football Coach - **Maurice Weakley** (unorgsports@gmail.com)

CHEERLEADING - There will be 3 days of Cheerleading tryouts. Tuesday & Wednesday (Sept. 3 & 4) will be the practice and learning days. Thursday (Sept. 5) will be the actual tryout day. Girls trying out should be at all of the practices. After tryouts, Fall Cheerleading practices will be on Wednesdays from 3-5 to prepare for the homecoming parade. After the parade, the Cheerleaders will be off until January. In January they will resume practice and cheer for the BW Basketball Teams. Cheerleaders will have a one-time non-refundable fee of \$40.00. (This money will be used for the girl's bows, snacks, face paint, socks, replace items, and etc... throughout the season.) Coach Hickman is looking to keep 15 girls. **THE LAST DAY TO TURN IN AN ATHLETIC PACKET FOR CHEER TRYOUTS IS FRIDAY, AUGUST 30.**
The Cheer Coach is **Felecia Hickman.** (felicia.hickmam@sbcglobal.net)

ARCHERY - Archery practice will start in October. The exact starting date is to be determined. Saturday morning practices will be held 8:30-11:30 AM at U-City HS. You do not have to come the whole time. Drop in for whatever time slot works best. Students should not wear clothing with strings. No special equipment is needed and all will be supplied by program, unless students want to purchase a bow. (If students buy a bow it must meet NASP requirements.) We will have a regional tournament in December and hope to go a state qualifying tournament. No experience necessary!
The Head Coach is to be announced, **Kacie Miller** is the Asst. Coach (kmiller@ucityschools.org)

CROSS COUNTRY BOYS & GIRLS (XC) – The start date is Wednesday, September 4 from 3-4:15 Practice days are Tuesday, Wednesday, & Thursday from 3-4:15. Cross Country is long distance running. (All levels of fitness are welcome.) There will be 3-5 meets and they will jog/run 2 miles at each meet. The boys will run first at 4:15 followed by the girls. We will have 2 home meets at U-City which will be held at Heman Park. Meets are on a Tuesday, Wednesday, or Thursday. XC is in the MSIL League. For the home meets, students will ride a one way bus to Heman Park right after school and will need to get a ride or walk from there to get home. If the meet is away, students will ride a bus from BW to the meet and parents can sign their child out and take their child home after the meet or they will ride the bus back to Brittany Woods and get a ride from there or walk home. Students will need to bring practice clothes: t-shirt, shorts or sweats, and tennis shoes. (If possible, get running shoes as they are lighter, have more support, and are better for your feet. Shoes such as court shoes and high tops are not the best for running long distance.) Girls should wear a sports bra. Please dress according to the weather for practice and meets. It is suggested your child bring a water bottle.
Girls XC Coach is **Hannah Cunningham** (hcunningham@ucityschools.org)
Boys XC Coach is to be announced

GIRLS VOLLEYBALL – The start date will be Tuesday, September 10 from 3-5 - Tryouts will be Tuesday, Wednesday & Thursday (September 10, 11 & 12) from 3-5 - **You should have your paper work turned in by FRIDAY, SEPTEMBER 6 and should attend all 3 days.** Practices will be Tuesdays, Wednesdays & Thursdays from 3-5. VB plays in the MSIL League and has 7-8 games. The games are not set yet, but are usually on a Tuesday, Wednesday or Thursday. Students will need to bring practice clothes: t-shirt, shorts or sweats, and tennis shoes. Your child will be issued a volleyball jersey and shorts. Knee pads are optional. You can purchase them if you wish or some are available to check out. There is no cost unless your child loses or damages their uniform.

THE LAST DAY TO

TURN IN AN ATHLETIC PACKET FOR VOLLEYBALL IS FRIDAY, SEPTEMBER 6.

Head Coach is **Jeri Wenneker** (jwenneker@ucityschools.org)

Assistant Coach is **Rubina McCadney** (rmccadney@ucityschools.org)

Athletes should dress out and meet your coach for attendance inside the gym first. Getting to and from practice is your responsibility, however, there will be a 4:15 & 5:10 PM Sports Activity buses for student transportation on most days. (The sports activity bus will have limited stops.) Coaches cannot leave until the last child has been picked up. Please plan ahead and pick your child up within 15 minutes of their ending time.

For 'away' games, players and managers will meet the coaches and ride a bus from BW to the game/meet. Parents can sign their child out after the game and take their child home or students will ride the bus back to Brittany Woods and get a ride from there or walk home.

TRY A SPORT!

GET INVOLVED!

MEET PEOPLE!

MOST OF ALL, HAVE FUN!! 😊