



For and about University City High School

December 12, 2011

A Word From Our Social Worker

School social workers are the link among schools, families, and the community and play a vital role in removing barriers to education. I would like to take this opportunity to introduce myself, Kim Harrelson, and share my excitement about my appointment as the new social worker at UCHS. Growing up in the Saint Louis metro, I was made aware of the reputation of excellence and long standing traditions deep-rooted in the School District of University City; I feel very fortunate to be joining such a district. Prior to coming to UCHS, I earned a Master's degree in Social Welfare from the University of Kansas and worked as a school social worker in the urban core of Kansas City. I currently serve on the leadership board of the School Social Workers Association of Missouri and am receiving supervision towards clinical licensure. As I make this transition to UCHS, please know that I am aware of the anticipation and anxiety that change can provoke. My goal for the remainder of this school year is to spend time learning about our school, building community connections, and gaining the trust and confidence of the families of UCHS as an empowering partner in change. If you are need of any assistance for your family, please call me at (314) 290-4114.

Annual Holiday Appeal

UCHS has already collected over \$500 towards our Annual Holiday Appeal that provides gifts and dinners to families in need right here in the district during the holiday season. It's not too late to donate to this worthwhile tradition. Please give your donation to Marilyn Neuner in the business office by December 19th, 2011. Contact Kim Harrelson at (314) 290-4114 with any questions.

Please remember to use your Schnucks Scrip card when you buy your groceries. The PTO gets a percentage of your bill, and it doesn't cost you a thing!

Show Your Pride: \$5 UCHS Decals Now For Sale

Be one of the first to stick this new decal on your car. You can purchase these in the business office or at our next PTO meeting.

UCHS hats, t-shirts and hoodies are also for sale in the business office and make great holiday gifts. The very

popular 100 year anniversary style will be available through December 16.

UCHS Calendar

December

- 14 7 pm, PTO meeting in the library
- 15 7 pm, School Board meeting at McNair
- 22 Early release day
- 23 NO SCHOOL – Winter Break

January

- 1 Rams football game
- 3 School Resumes
- 5 7 pm, Athletic Boosters meeting in the library
- 5 5:45 pm, School Board workshop at McNair
- 11 7 pm PTO meeting in the library
- 13 NO SCHOOL Professional Development Day
- 14 2-4 pm, MLK Celebration in UCHS auditorium
- 16 NO SCHOOL, MLK Day
- 19 Final exams, early release
- 19 6:30 pm Junior Parent Night – College Prep 101 in the auditorium.
- 20 Final exams, early release
- 28 7 pm, Athletic Boosters Trivia Night

Spend New Year's Day watching Rams football in the dome with bargain tickets! Through the high school business office you can purchase \$40 tickets, which is a \$15 discount. Maybe a new year will bring a new score for the Rams, (as in a win) and you can be there to cheer them on. Profit benefits UCHS.

The high school can always use donations of merchandise for its UROAR X-Change Store. Thanks to all those who have responded so generously. Students regularly redeem their Lion Bucks, so we can always use new merchandise: small tubes of lotion, lip gloss, ear buds, food gift cards, whatever you can think that students will like (but not candy or food). There's a box for your donations in the main office. Thanks!

Don't forget to purchase your 2011-2012 yearbook in the business office for \$45 until December 22. Prices will go up to \$50 after December 22. Yearbook senior files are available for purchase in the business office or at yearbookordercenter.com.

Junior Parent Night (College Preparation 101) is on January 19, 2012 from 6:30 to 8 pm in the UCHS Auditorium. Parents of junior students are invited to come and receive valuable information regarding college lists, financial aid, college essays, ACT testing, scholarships and more.

Lifepan Program Open for Freshmen

Through generous funding from our alumni, and a dedicated group of volunteers, we are offering the Lifepan mentoring program to a select group of freshmen. This program is helping our students build actionable, measurable and sustainable personal Lifepans. The program is held during ten seminar periods and focuses on guided discussion of topics including core values, self-talk dialogue, setting goals to meet your dreams, establishing a personal board of directors, and the action steps needed to succeed. Our first class of nineteen students completed the program this month. We are accepting applications from freshmen for a second session that will be held from February through April during seminar. Please encourage your student to participate in the Lifepan program by submitting an application to Mr. Carter’s office by January 30.

Did You Know...

Senior Khalid McGhee auditioned along with 500 other St. Louis singers to become a member of Missouri's All-State Choir. He is one of St. Louis County's top 4 basses. To gain his spot, he went through 3 rounds of auditions, including prepared vocal solo in classical genre, a sight reading portion (which he scored the highest), and a choral selection that all top 20 basses prepared and performed. As a high school student, this is the highest honor one can receive for singing. He will participate in the State Festival at Lake of the Ozarks in late January.

The University City School District will exhibit student art at the St.Louis Galleria Community Gallery starting February 5, 2012. This display is in the food court area.

Athletic Report

Wrestling

The wrestling team hosted a tri-meet last Wednesday with Maplewood and Winfield. The Lions beat Maplewood and lost to Winfield for a split. Tarique Jefferson, Lynden Peoples, and Gianni Cook all went undefeated. The wrestlers then participated in the Ft. Zumwalt North Tournament last Saturday. Tarique Jefferson won his weight class pinning all 5 of his opponents. David Hill placed 3rd and Lynden Peoples took a 4th. The Lions host Parkway North this week before heading to Ritenour on Friday and Saturday.

Girls Swimming

The Lady Lions have not had a chance to compete as of yet but get their season started Tuesday at Clayton and then head to McCluer North to swim in their relays. Coach Lhotak has 14 girls on the roster heading into the season

which should make for some competitive swimming at the Nat this winter!

Girls Basketball

The Freshmen recently participated in the Lindbergh Tournament. The Lady Lions lost all three of their games but were very competitive in the last two. This week, they host McCluer on Monday and McCluer South-Berkeley on Thursday. The JV and Varsity teams have only played one game so far. The JV fell to Normandy at home while the Varsity beat the Lady Vikings convincingly. Varsity is back in action this week at the Nerinx Hall Tournament while the JV has the week off.

Boys Basketball

The Freshmen started off the season at the Webster Groves Tournament last week. The Lions went 1-2, beating Webster and falling in close games to Mehlville and Ladue. The Varsity placed 3rd at the Borgia Tournament losing a very close game to eventual champion Borgia and blowing out Beaumont and Washington. Travon Williams and Avion Ashford were named to the All-Tournament team. The Lions followed that up with a blowout win at home last Friday against Hazelwood East. The JV placed 3rd at the Jennings Tournament and also beat Hazelwood East to start the season with a winning record. Both Varsity and JV are on the road this week with games at CBC on Monday and McCluer South-Berkeley on Thursday.

Get up to date information on all UCHS sports teams including game times and locations at www.highschoolsports.net



Athletic Boosters Trivia Night
Featuring All Sports Trivia
Saturday, January 28
UCHS Cafeteria
\$8

Tables of 8
 Doors open at 6:30 pm, program starts at 7:00pm
 PRIZES for top two teams
 This event is open to the public. Adults and students are encouraged to attend.
 This is a great opportunity for school sports teams and clubs to compete with adult teams to determine who are the smartest sports jocks.
 Bring your own food and drinks. (no alcohol)

