

**Chartwells School District University City
BRITTANY WOOD & HIGH SCHOOL
February 2012 Breakfast Menu
Student Breakfast \$1.25 Reduced price \$.30**

Questions or comments?
Please call TANYA RODRIGUEZ, Food Service Director at 314-290-4068

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheesy Eggs *Whole Grain Toast Assorted Fresh Fruit	2 *Otis Spunkmeyer's Blueberry Muffin Sausage Turkey Patty Rosy Applesauce Low Fat Milk Choice	3 Pancake & Syrup Mixed Fruit Low Fat Milk Choice
6 *French Toast & Syrup 100% Apple Juice Low Fat Milk Choice	7 Veggie Scramble Pita Pocket Baked Apple Slices Low Fat Milk Choice	8 *Mini Waffles Spice Peach Topping String Mozzarella Cheese 100% Fruit Juice Variety Low Fat Milk Choice	9 Country Skillet Breakfast 100% Fruit Punch Low Fat Milk Choice	10 Ham & Cheese English Muffin Fruit Juice Variety Low Fat Milk Choice
13 *Otis Spunkmeyer's Banana Muffin String Mozzarella Cheese Chilled Pineapples Low Fat Milk Choice	14 Creamy Grits Cheesy Eggs 100% Orange Juice Low Fat Milk Choice	15 Biscuit, Sausage & Gravy Chilled Mixed Fruit Raisins Low Fat Milk Choice	16 Cinnamon Raisin Bagel Peanut Butter & Jelly Chilled Pineapples Low Fat Milk Choice	17 No School Today
20 No School Today	21 *French Toast & Syrup Warm Baked Apple Slices Low Fat Milk Choice	22 Cinnamon Raisin Oatmeal *Whole Grain Toast Orange/Banana/Apple Low Fat Milk Choice	23 *Otis Spunkmeyer's Blueberry Muffins String Cheese Raisins Low Fat Milk	24 *Pancake & Syrup Raisins Mixed Fruit Low Fat Milk Choice
27 *Otis Spunkmeyer's Chocolate Muffin String Mozzarella Cheese Rosy Applesauce Low Fat Milk Choice	28 Apple Cheddar Bagel Topper Scrambled Eggs Chilled Peaches Low Fat Milk	29 Cinnamon Raisin Oatmeal *Whole Grain Toast Chilled Pears Low Fat Milk Choice		
Alternate Breakfast Daily Assorted Cereal Combo Packs (Cereal, ½ Bagel, Chilled Juice or Fruit)				



Go to MyPlate.gov for online personal wellness resources for you and your family.

*This menu item is made with whole grain.
Daily Milk Choices Include: 1% White, Skim White, and Skim Chocolate
Pork Bold and Italicize

The National School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.S.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.