



**Chartwells School District University City
ELEMENTARY SCHOOL
February 2012 Breakfast Menu
Student Breakfast \$1.00 Reduced price \$.30**

Questions or comments?
Please call TANYA RODRIGUEZ, Food Service Director at 314-290-4068

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| | | 1 French Toast Chilled Pineapple Low Fat Milk Choice | 2 Otis Spunkmeyer's Blueberry Muffin Mandarin Oranges Low Fat Milk Choice | 3 Turkey Sausage Pancake Wrap Grape Juice Low Fat Milk Choice |
| 6 Otis Spunkmeyer's Banana Muffin 100% Fruit Apple Juice Low Fat Milk Choice | 7 Blueberry Bagel Cream Cheese Raisins Low Fat Milk Choice | 8 Granola Chocolate Chip Breakfast Bar Rosy Applesauce Low Fat Milk Choice | 9 Egg & Cheese Biscuit Jelly 100% Fruit Orange Juice Low Fat Milk Choice | 10 English Muffin Breakfast Sandwich & Jelly Chilled Pineapple Juice Low Fat Milk Choice |
| 13 2 Mini Blueberry Muffins 100% Fruit Orange Juice Low Fat Milk Choice | 14 Whole Grain Cereal Trix Breakfast Bar Chilled Mandarin Oranges Low Fat Milk Choice | 15 Plain Bagel & Cream Cheese Baked Apple Slices Low Fat Milk Choice | 16 Turkey Sausage Pancake Wrap Raisins Low Fat Milk Choice | 17 No School Today |
| 20 No School Today | 21 Low Fat Cottage Cheese Mixed Fruit Raisins Low Fat Milk Choice | 22 D'animals Yogurt Banana Bread Square 100% Fruit Orange Juice Low Fat Milk Choice | 23 French Toast Stick Chilled Pineapples Low Fat Milk Choice | 24 Otis Spunkmeyer's Chocolate Muffin 100% Grape Juice Low Fat Milk Choice |
| 27 Rice Krispes Cereal Breakfast Bar Honey Graham Cracker 100 % Fruit Apple Juice Low Fat Milk Choice | 28 Yogurt Parfait Fresh Orange Wedges Low Fat Milk Choice | 29 Otis Spunkmeyer's Banana Muffing Baked Apple Slices Low Fat Milk Choice | | |
| Alternate Breakfast Daily Assorted Cereal Honey Graham Crackers | | | | |



Go to MyPlate.gov for online personal wellness resources for you and your family.

*This menu item is made with whole grain.
Daily Milk Choices Include: 1% White, Skim White, and Skim Chocolate
Pork Bold and Italicize