

PRINCIPAL'S NEWSLETTER

Bonita E. Jamison, Principal

The 12 Powerful Words

Listed below is the Powerful Word for this upcoming week. Please attempt to incorporate these activities into your routines at home:

Formulate– To create

Example: Kevin tried to formulate the math equation.

Activities:

- Have students to draw/illustrate the meaning of the word.
- Have students to use the Powerful Word in a sentence (context).
- Have students to look for words that mean the same thing (synonym).
- Discuss the meaning of the word with your student.
- Have students to act out the meaning of the word.

Important Dates

Fri., Sept. 18 Progress Reports

Tue., Sept. 22 Early Release

Wed., Oct. 7 Early Release

Fri., Oct. 9 Fall Picture Day

Mon., Oct. 12 N.A.S.A

Fri., Oct. 16 School Closed

Eagle News— September 11, 2009

Principled Reflections

Characterplus

Inspiring lives of integrity

By Dennis O'Brien

In this month's CHARACTER-plus article, Dennis O'Brien discusses the importance of utilizing effective communication as a tool to nurture positive character traits. O'Brien suggests that developing healthy communication with children should begin before the challenging years of adolescence. In adolescence the stakes are higher because peer influence is a lot greater. In addition, O'Brien stresses that positive character must be modeled and nurtured. Parents should keep in mind that all children are different and how you communicate with them should depend on the needs of the child O'Brien sug-

gests the following:

- Think about your child's communication style, experiment and determine what works best.
- Utilize basic communication skills
- Strive to become a listener and a facilitator rather than an advise-giver.
- Don't confuse being a friend with being loved.
- Make regular dates with your children.

In essence, children are always watching. The way you want your child to communicate is what parents should model. This ensures that children will value and integrate positive communication skills in their lives.

PBIS (Positive Behavioral Intervention & Supports) High Five Update.

Barbara C. Jordan is focusing on a High Five expectation weekly. This week we focused on what being responsible looks like in classrooms, hallways, and the cafeteria. We will continue to discuss what being

responsible looks like on the bus, during dismissal, on the play yard and in the restroom. Please ask your child to discuss with you what being responsible means to them.



News From Our School Social Worker!

September 11, 2009

Dear Parent/Guardians:

Welcome back to an exciting school year! I hope you and your student take advantage of all of the wonderful staff and programs our school has to offer.

One of my duties as your School Social Worker is to provide resources to families. I have been contacted by many parents this year requesting information about food and housing assistance. Since I know not all parents are comfortable seeking assistance from the School Social Worker, I have listed below community agencies that service University

PTO News

Thank you to the Barbara Jordan families for supporting our first meeting of the year. Kudos to the parents that volunteered to become room parents and our five new cub scouts. Thank you for your continued support and participation.

Eagle News

City. Please feel free to contact me with questions or for additional support, as this is not an exhaustive list. Please know that all conversations with any School Social Worker are confidential and your situation will not be shared with anyone else.

I look forward to working with you and supporting you in any way I can.

Trish Fontana, MSW, PLCSW
School Social Worker

Community Resources

****Some of these agencies provide more than one service (rent/utility assistance, employment, counseling)**

****if the agency you are calling states that they have no funds available at this time, ask “WHEN DO YOUR FUNDS RENEW? WHEN SHOULD I CALL BACK? DO YOU KNOW OF ANY OTHER AGENCIES THAT I CAN CALL?”** Remember that everyone in St. Louis County is competing for the same funds so you must call back when they tell you to...example: 8:00am means 8:00 am, not 8:02 am.

****Please contact me directly if you need transportation**

If you need help with food call:

- Operation Food Search-provides information/referrals to local food banks
- www.ofsearch.org
6282 Olive Blvd.

University City, MO 63130
(314) 726-5355

If you need help with utilities call:

- Community Action Agency of St. Louis County
www.caastlc.org
2709 Woodson Road
Overland, MO 63114
(314) 863-0015

If you need help with rent call:

- Better Family Life
314-367-3440
- Beyond Housing
314-533-0600 x22
- Catholic Charities
314-371-4357
- Salvation Army
314-389-9302
- Housing Resource Center
314-802-5444
- New Life Evangelical
314-421-3020
- St. Vincent DePaul
314-531-7837

If you need help with housing call:

- Housing Resource Center/Homeless Hotline-all shelter referrals go through Housing Resource Center
(314) 802-5444
- Beyond Housing
www.beyondhousing.org

1404 Ferguson Ave
Pagedale, MO 63133
(314) 862-0639
(314) 533-0600 (foreclosure assistance)
Legal Services of Eastern Missouri-if you have been unfairly evicted or foreclosed upon
314-535-4200
1-800-444-0514-toll-free from pay phone

If you need help with employment call:

- Urban League of Metropolitan St. Louis
www.ulstl.org
3701 Grandel Square
St. Louis, MO 63108
(314) 615-3600

If you need help being the best parent you can be call:

- Parent’s Anonymous Hotline
www.parentsanonymous.org
(314) 539-4047
(314) 771-0803

Parents As Teachers (birth to Kindergarten)

- Julia Goldstein Early Childhood Center 737 Kingsland University City, MO 63130 (314) 721-2965

Help Barbara C. Jordan...Raise Funds For Your School...

Papa Johns Pizza

Barbara C. Jordan’s pizza night at Papa John’s is on every 1st Friday between 10a.m. –10p.m. @ the U-City Location, 569–

5800. Papa Johns will contribute 20% of your total order to our school. Remember to mention Barbara C. Jordan when placing your order.



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